

Medical Statement for Children *with* Disabilities  
Requiring Special Meals in Child Nutrition Programs

**Part I (To be filled out by School)**

Date: \_\_\_\_\_ Name of Child: \_\_\_\_\_  
School Attended by Child: \_\_\_\_\_

**Part II (To be filled out by Medical Authority)**

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe the patient's disability and the major life activity affected by the disability:

\_\_\_\_\_  
\_\_\_\_\_

Does the disability restrict the individual's diet?  Yes  No

If yes, list food(s) to be **omitted** from the diet and food(s) to be substituted (Diet Plan):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List foods that require a change in texture:

Cut up or chopped to bite-size pieces: \_\_\_\_\_

Finely ground: \_\_\_\_\_

Pureed: \_\_\_\_\_

**Special Equipment Needed:**

\_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_ Signature of Medical Authority \_\_\_\_\_

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